

May Contemplative Sunday

Gini Downing

May 29, 2022

May Contemplative Sunday
Facilitated by Gini Downing



Notice what each disciple is doing.

Can you picture yourself as one of them?

Which one?

What sounds might you hear?

What do you see around you?

What draws your attention and focus?

What feelings arise as you realize you are on the verge of capsizing?



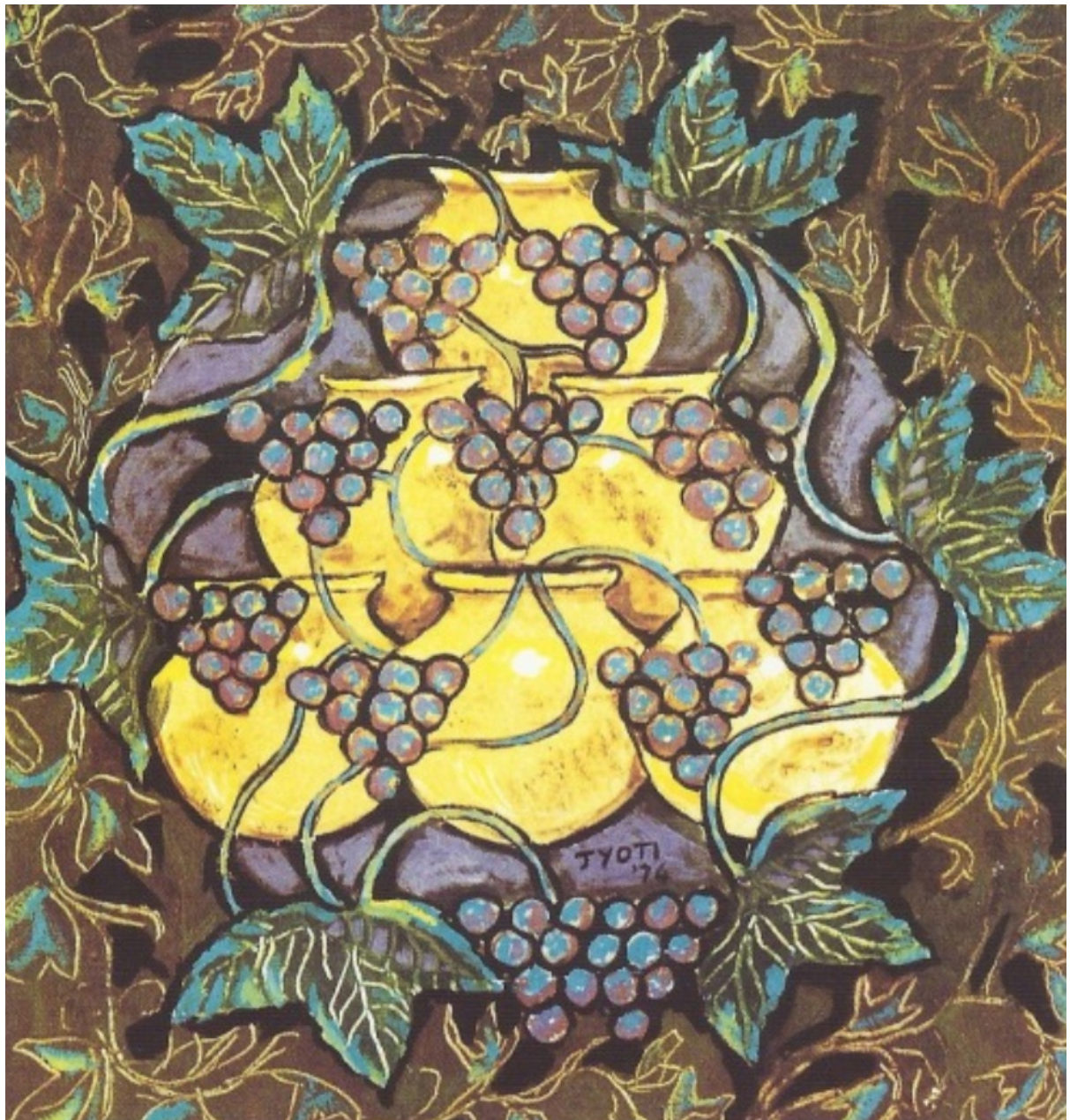
How do you feel when you see Jesus is sleeping?

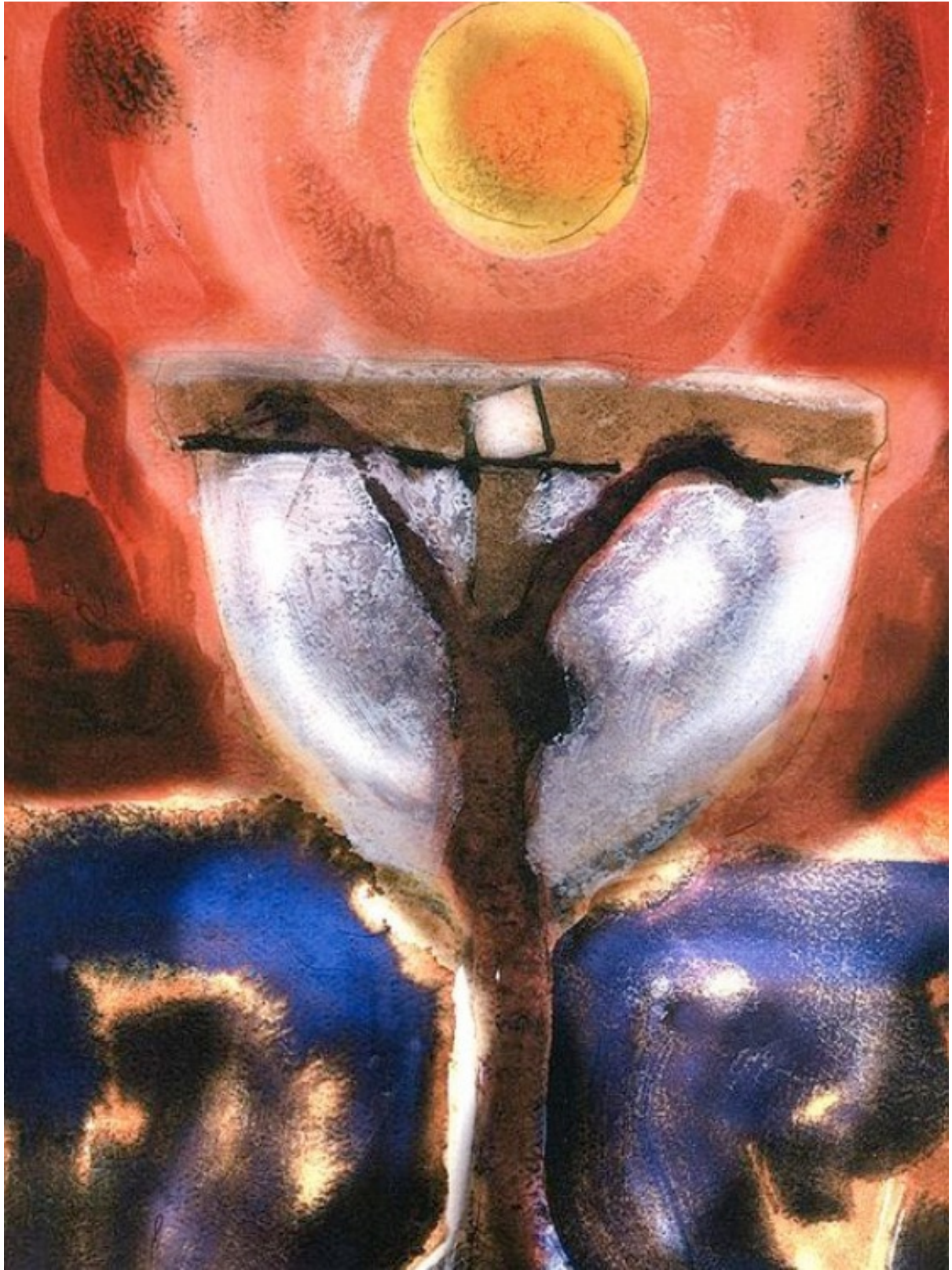
What would you like to say to him?



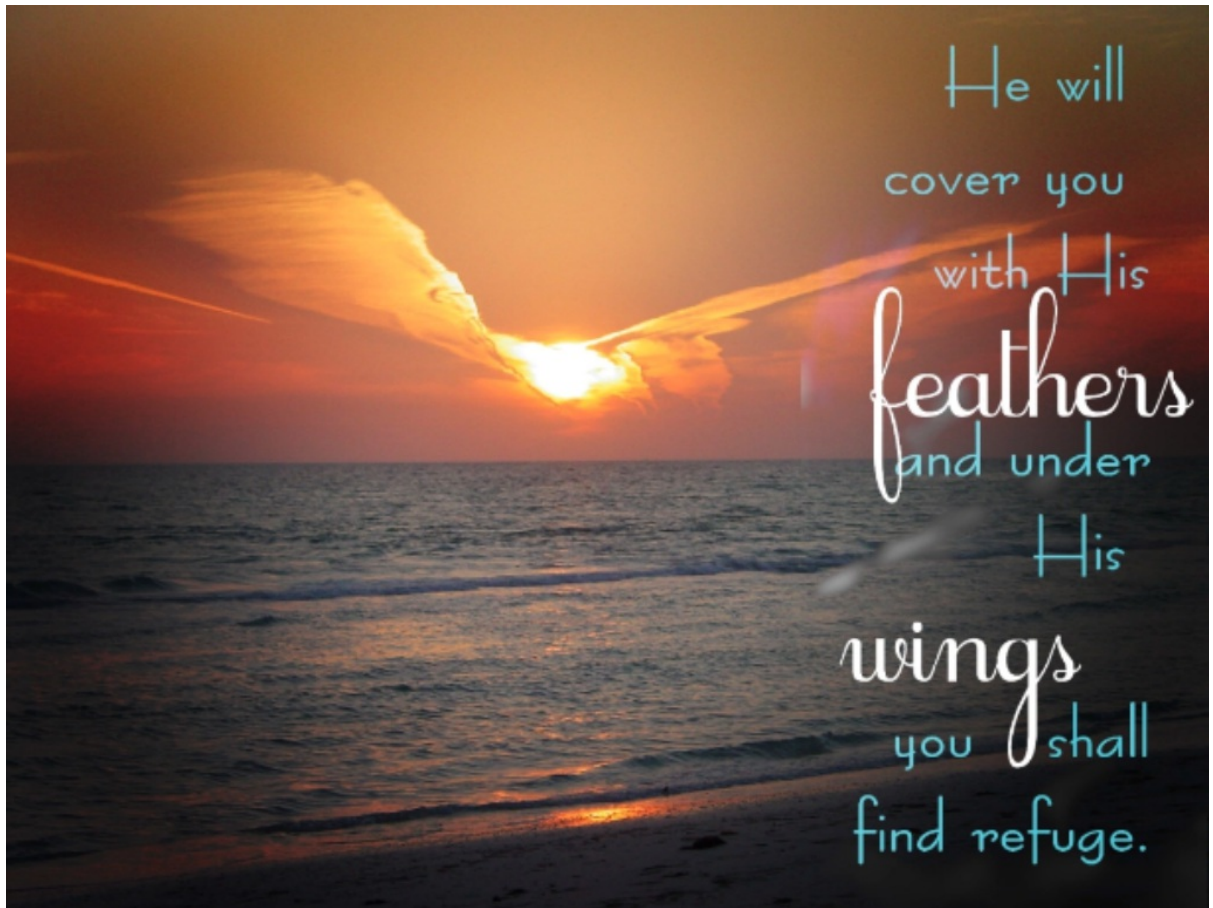
You call me out into the waters, the great unknown where feet may fail. And there I find you in the mystery! In oceans deep, my faith will stand. Your grace abounds in deepest waters; your sovereign hand will be my guide where feet may fail and fear surrounds me. You've never failed, and you won't start now! So I will call upon your name, and keep my eyes above the waves. When oceans rise, my soul will rest in your embrace, for I am yours and you are mine. Spirit lead me where my trust is without borders; let me walk upon the waters wherever you would call me. Take me deeper than my feet could ever wander, and my faith will be made stronger in the presence of my Savior. And I will call upon your name, and keep my eyes above the waves. When oceans rise, my soul will rest in your embrace, for I am yours and you are mine.

Oceans | Where Feet May Fail ~ Hillsong United





This is my body broken for you...
This is my blood shed for you.
Do this in remembrance of me.



He will
cover you
with His
feathers
and under
His
wings
you shall
find refuge.