

The Economy of Gratefulness

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Scripture References:

Ephesians 1:6-8 NIV

Luke 14:15-24 NIV

Books & Resources:

"Grateful" by Diana Butler Bass

"Wake Up Grateful" by Kristi Nelson

Writings and Spoken word by Brother David Steindl-Rast

<https://grateful.org/>

https://www.ted.com/speakers/br_david_steindl_rast

<https://www.youtube.com/watch?v=3Zl9puhwiw>

Featured Quote:

It is not happiness that makes us grateful.

It is gratefulness that makes us happy.

—Brother David Steindl-Rast

Points of Practice:

The Practice of Grateful Living:

Stop

Become Present

Look

Seek a Grateful Perspective

Go

Awaken Possibility