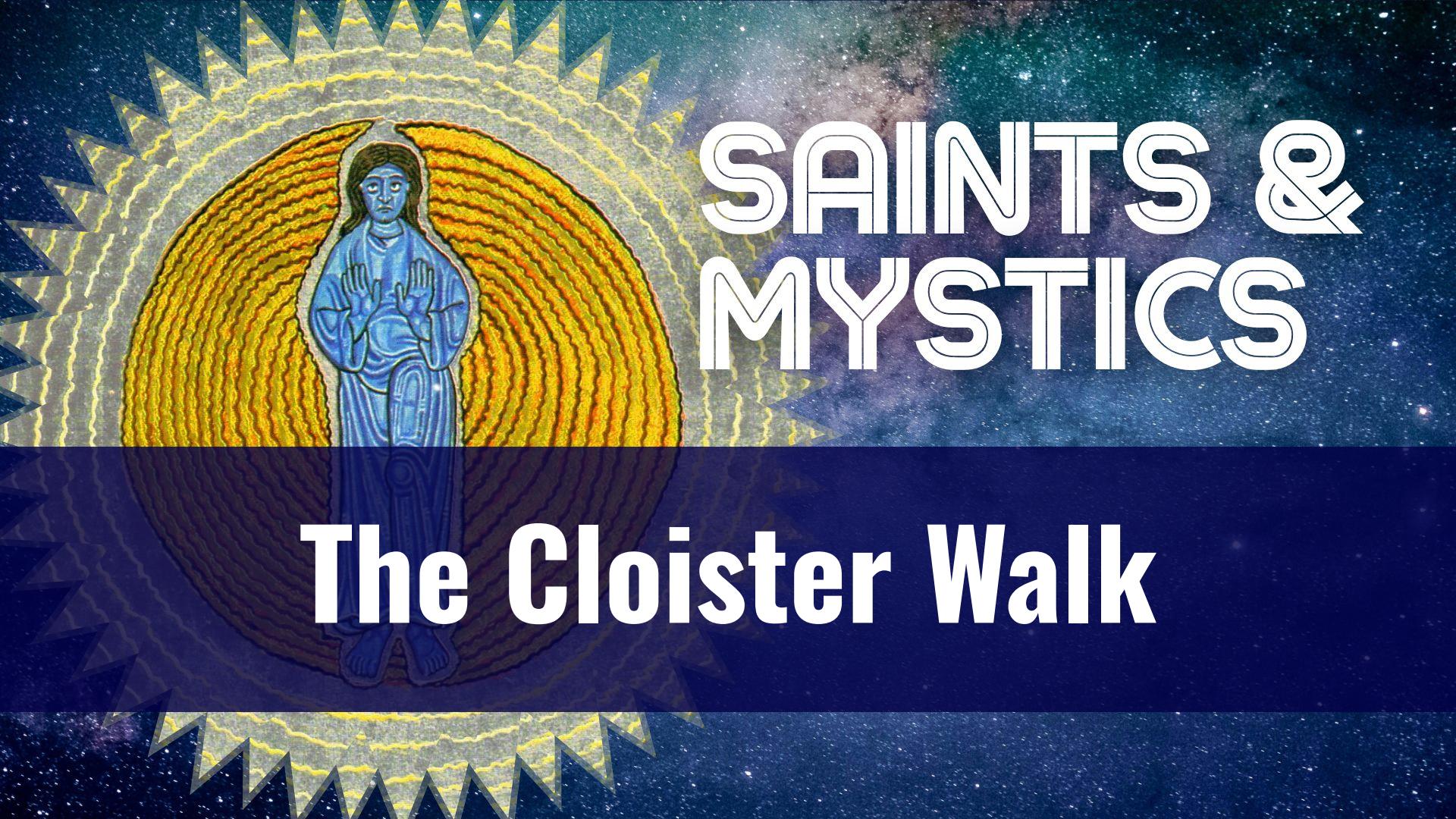




# SAINTS & MYSTICS



# SAINTS & MYSTICS

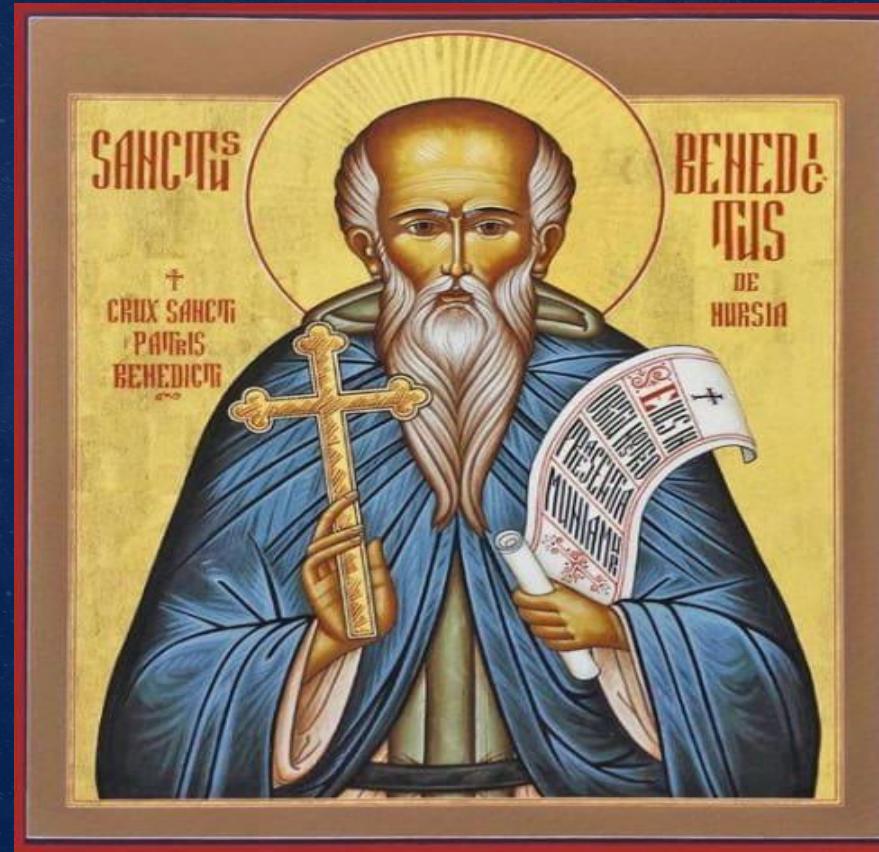
## The Cloister Walk



Best-selling author of *Angela's Ashes*



SAINTS & MYSTICS



SANCTUS

†  
CRUX SANCTI  
PATRIS  
BENEDICTI

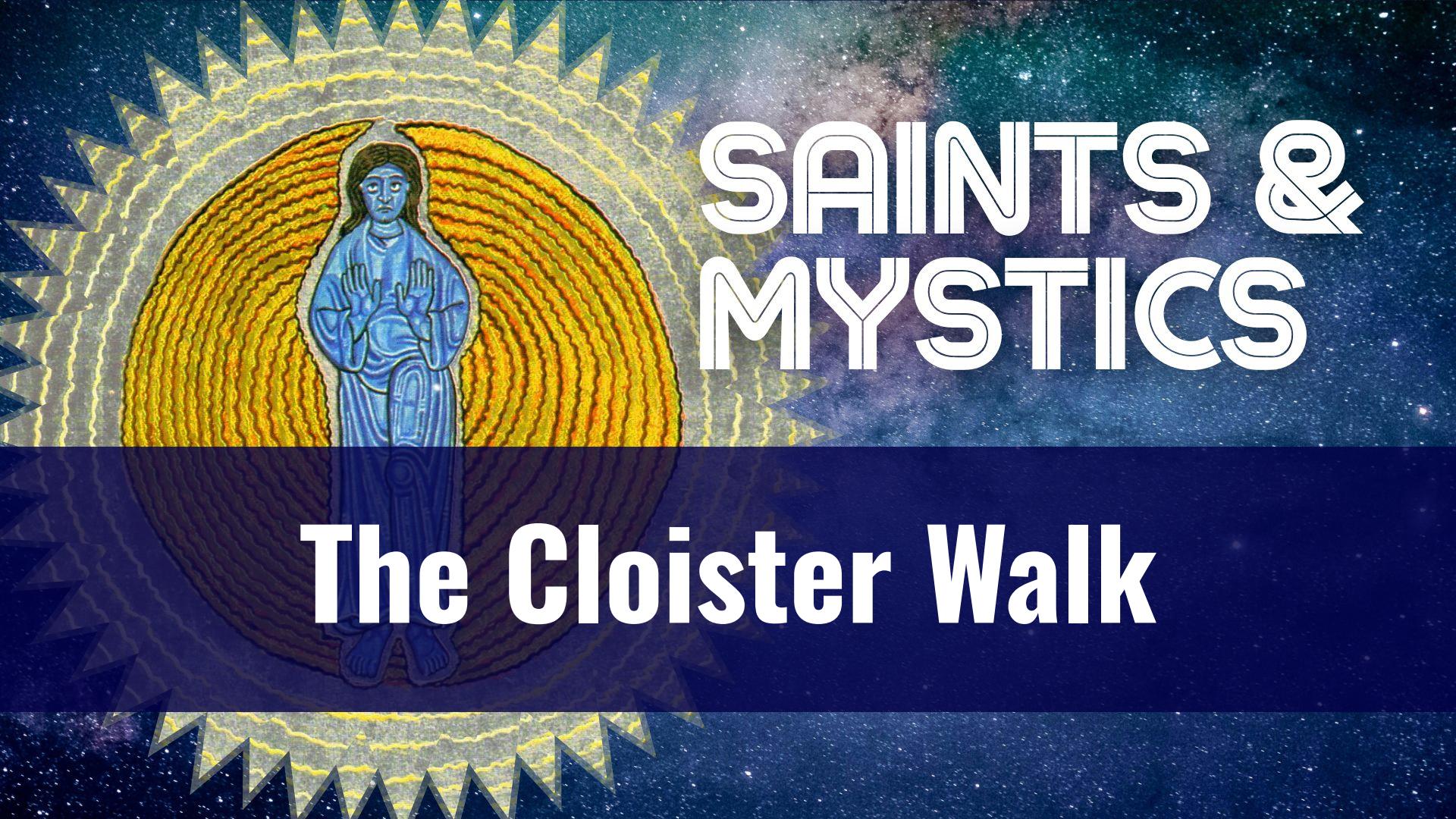
BENEDICTUS  
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NURSIA



SAINTS & MYSTICS



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# SAINTS & MYSTICS

## The Cloister Walk

# Daily Prayer and Liturgy Schedule

3:30 AM–Vigils

6:30 AM–Lauds

9:15 AM–Terce

11:45 AM–Sext

1:45 PM–None

5:30 PM–Vespers

7:30 PM–Compline

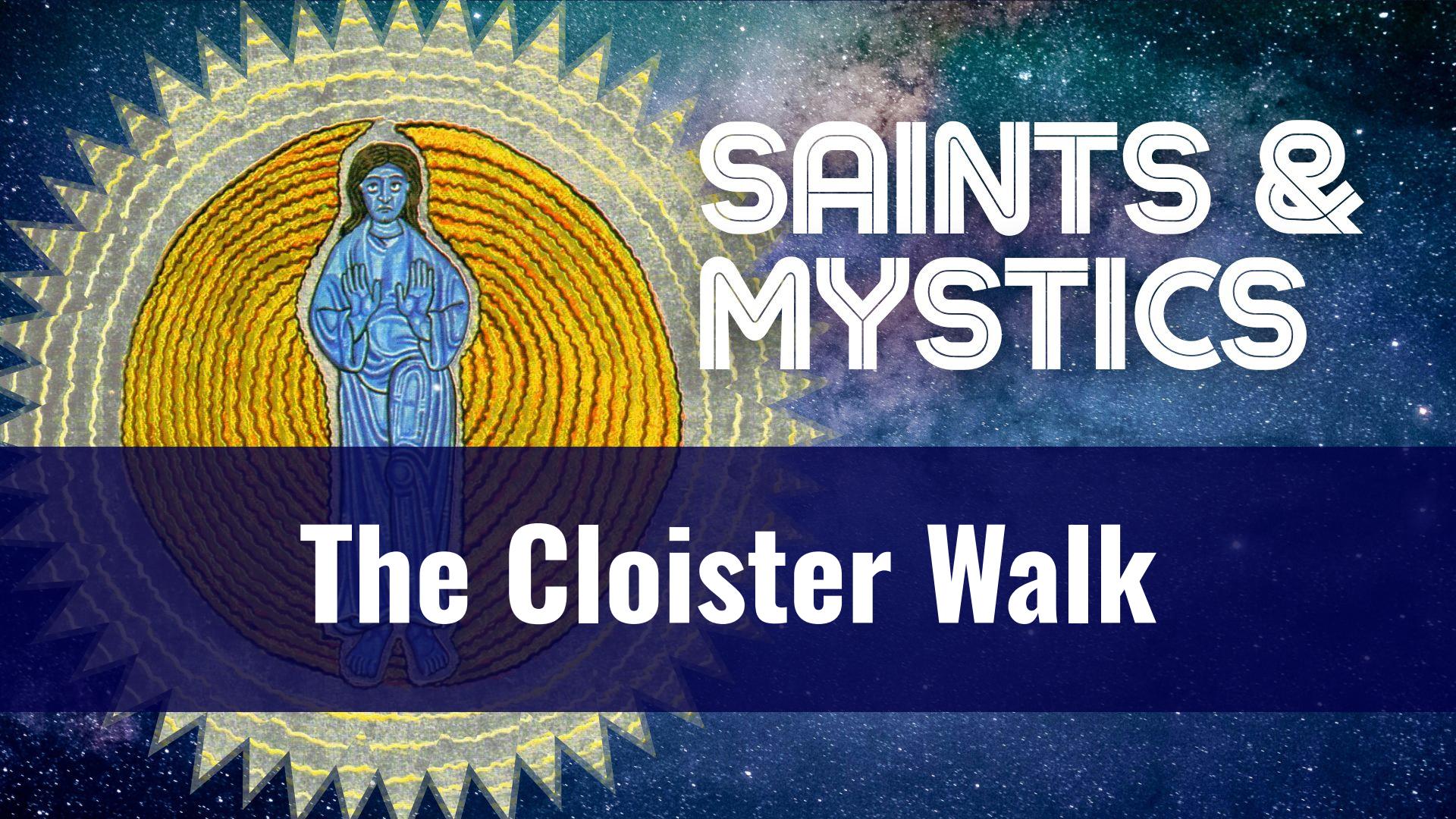


Liturgical time is essentially poetic time, oriented toward process rather than productivity, willing to wait attentively in stillness. And if faith, like poetry, is a process, not a product, it's going to be messy. To make a poem of our faith, we must learn not to settle for false certitude but to embrace ambiguity and mystery.



With God there is always more unfolding, that what we can glimpse of the divine is always exactly enough, and never enough.





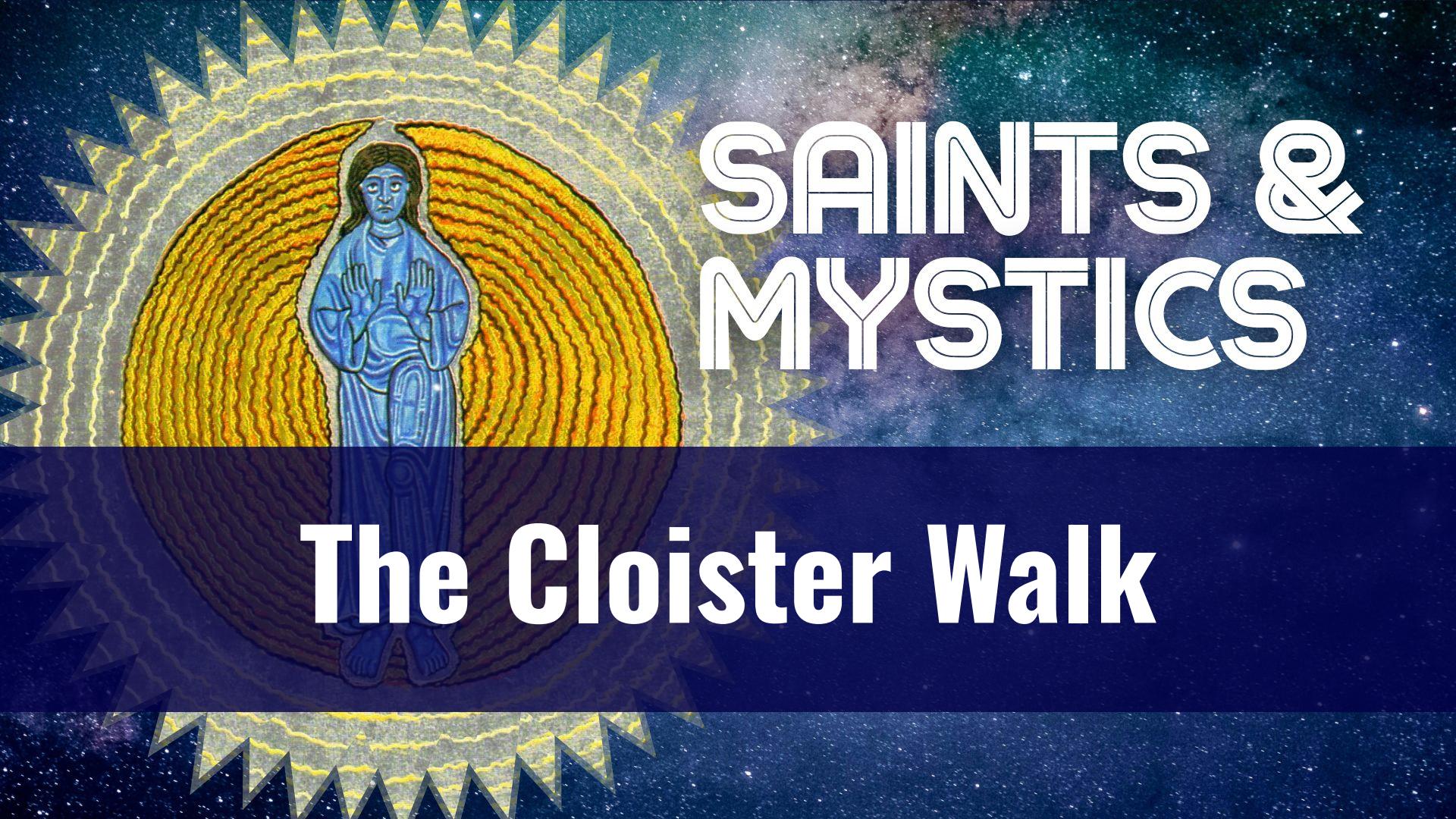
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“The goal of monastic life is to let oneself be changed by community ritual, ceremony, and the repetition of the Psalms, until, in the words of one hymn, our lives become a psalm in praise of the glory of God’s name.

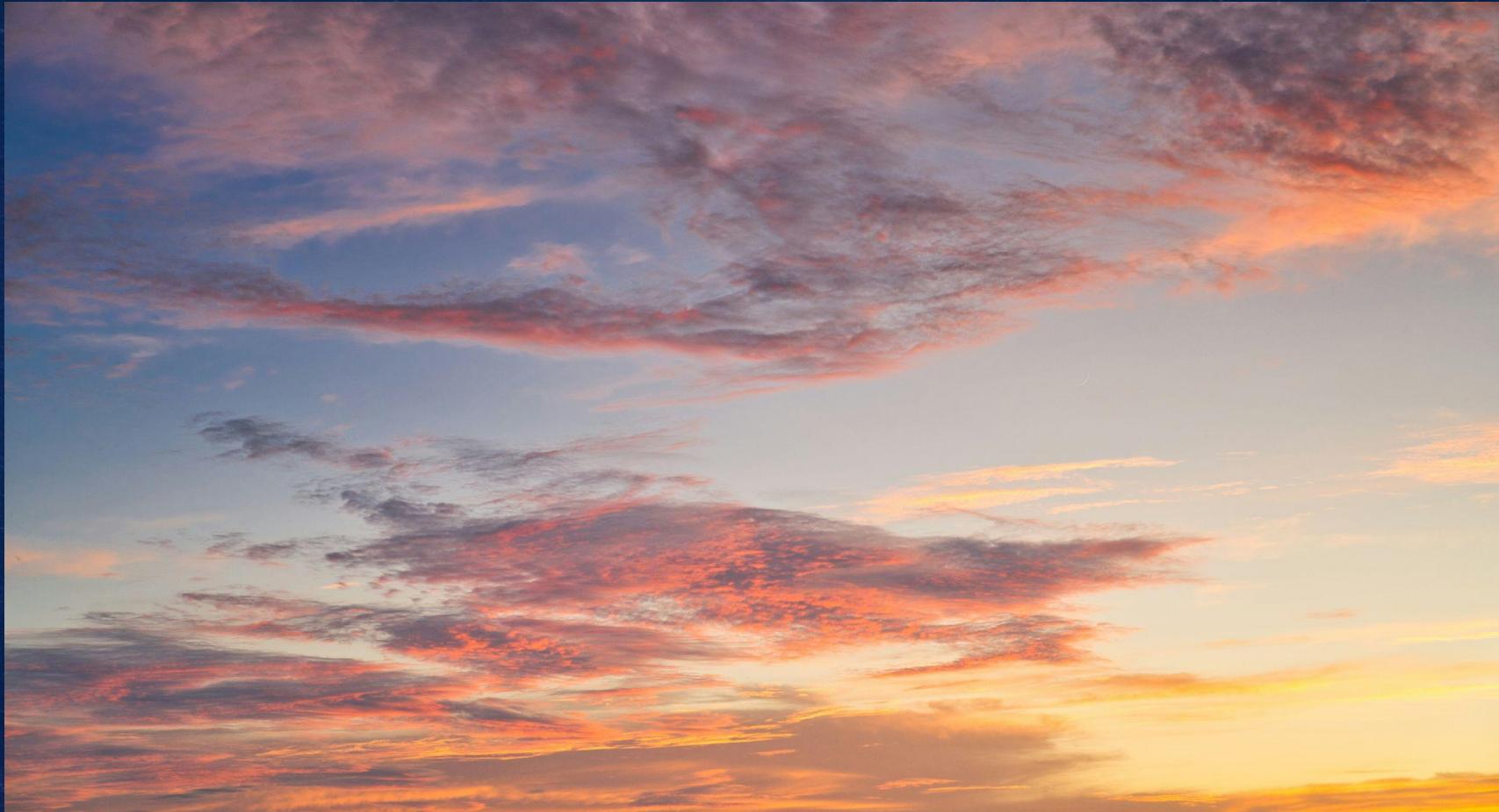


The connections that Benedictines painstakingly thread through their everyday lives reinforce my sense of monastic life as a great poem, one that honors and celebrates Jesus Christ, who, Oscar Wilde tells us in *De Profundis*, ‘is the poem God made.’”



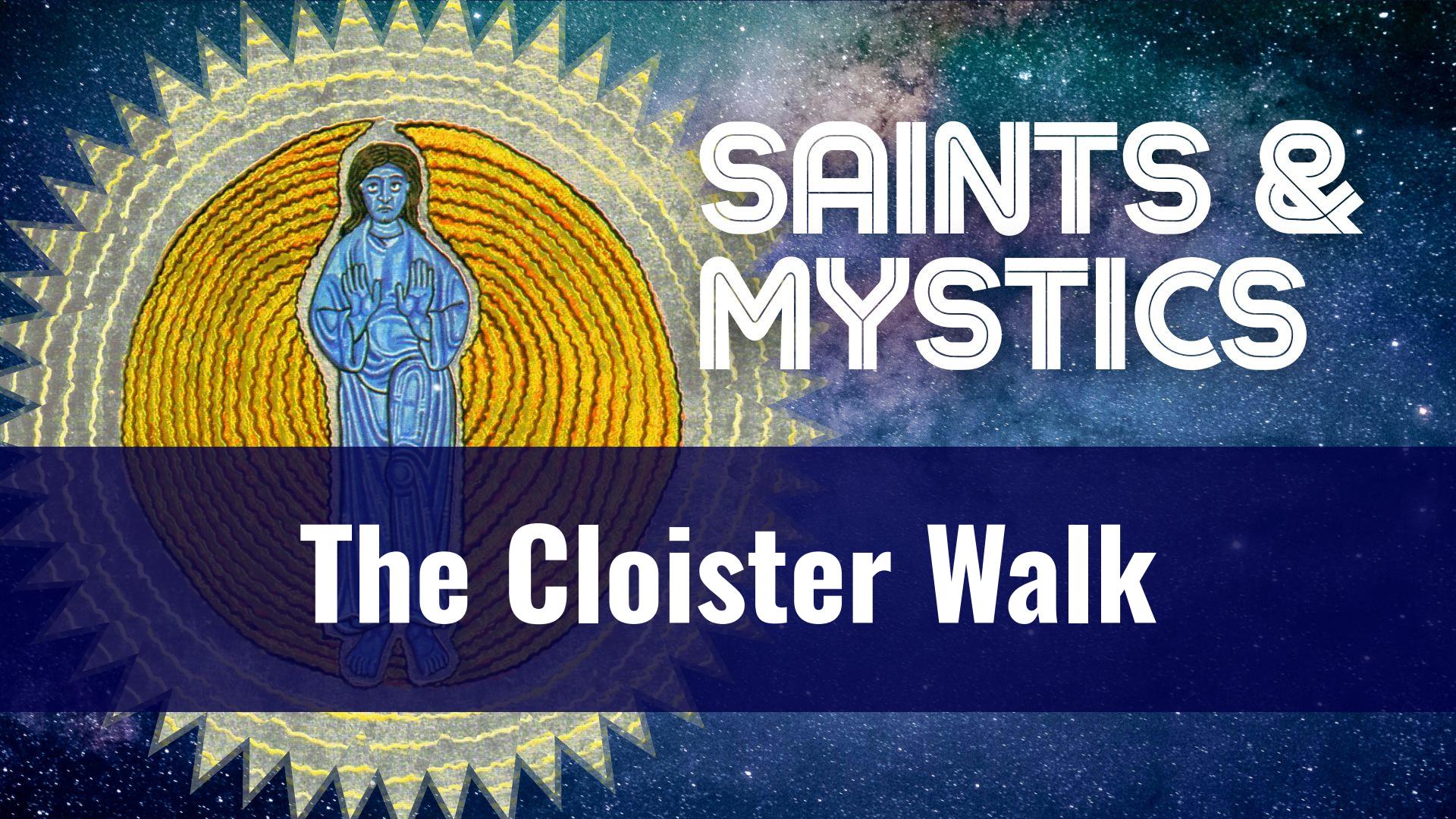
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Photo by Clint Patterson on Unsplash



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## The Cloister Walk

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If you'd like to use a different color for emphasis, use "Light Yellow 2" (or **bold/underline** the white).

**Bolding your emphasis color will work even better.**

