



# SAINTS & MYSTICS



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## John O'Donohue 1956-2008

*For A New Beginning*  
By  
John O'Donohue



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**In out-of-the-way places of the heart,  
where your thoughts never think to wander,  
this beginning has been quietly forming,  
Waiting until you were ready to emerge.**



**For a long time it has watched your desire,  
feeling the emptiness growing inside you,  
noticing how you willed yourself on,  
still unable to leave what you had outgrown.**



**It watched you play with the seduction of  
safety and the gray promises that sameness  
whispered,  
heard the waves of turmoil rise and relent,  
wondered would you always live like this.**



**Then the delight, when your courage kindled,  
and out you stepped onto new ground,  
your eyes young again with energy and dream,  
a path of plenitude opening before you.**

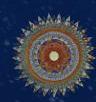


**Though your destination is not yet clear  
you can trust the promise of this opening;  
unfurl yourself into the grace of beginning  
that is at one with your life's desire.**



**Awaken your spirit to adventure;  
hold nothing back, learn to find ease in risk;  
soon you will be home in a new rhythm,  
for your soul senses the world that awaits you.**





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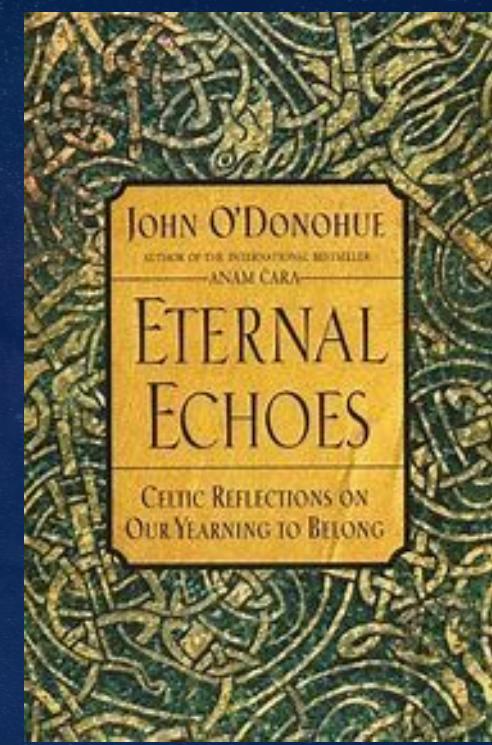
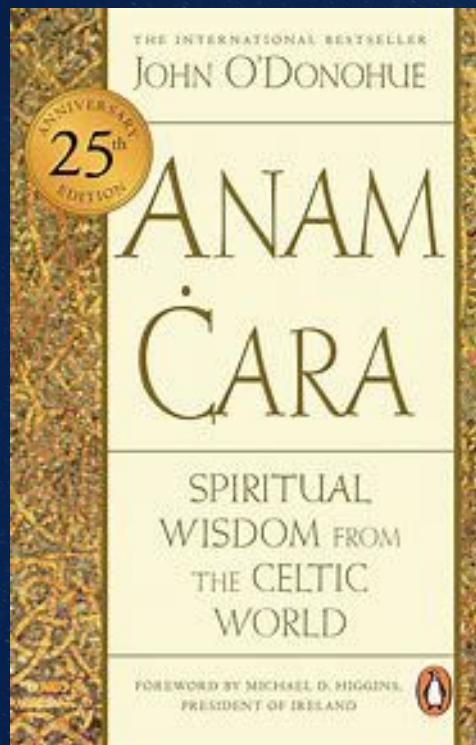


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**Panentheism** - the belief that the Divine is *in* all things without being contained *by* them\*

\*super simplified definition





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**It may be worth noticing where we have felt  
the edges of a faith or framework that no  
longer quite fits...**

**not to analyze, but simply to listen for what  
might be awakening within us.**



**“When you cease to fear your solitude,  
a new creativity awakens in you. Your  
forgotten or neglected wealth begins to  
reveal itself. You come home to yourself  
and learn to rest within”**

***-Anam Cara***



**“May you recognize in your life the presence, power, and light of your soul. May you realize that you are never alone, that your soul in its brightness and belonging connects you intimately with the rhythm of the universe.”**

*- To Bless This Space Between*

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hold nothing back, learn to find ease in risk;  
soon you will be home in a new rhythm,  
for your soul senses the world that awaits  
you.**



**May you trust the quiet beginnings  
already stirring within you.**

**May you be given moments of steadiness  
when the world feels uncertain.**

**And may you find yourself gently held  
by the deeper rhythm of life.**





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